



# Myers' Cocktail

The Myers' Cocktail is named for the late John Myers, M.D., a Maryland physician who used intravenous injections of nutrients to treat many chronic conditions. Thousands of patients have been treated with the Myers' Cocktail over many years and conditions which have **been** found to respond well include acute asthma attacks, migraines, fatigue, Chronic Fatigue Syndrome, Fibromyalgia, acute muscle spasm, upper respiratory tract infections, chronic sinusitis, seasonal allergies and cardiovascular disease as well as **diminished** athletic performance.

Our Myers "cocktail" includes magnesium, calcium, B-complex (Thiamine, Riboflavin, Pyroxidine HCl, Dexpantenol, Niaminacide, Hydroxocobalamin) and Vitamin C and is given by a slow intravenous administration (IV) infusion to achieve concentrations of nutrients that are not obtainable with oral administration.

## HOW DOES IT WORK?

The Myers' Cocktail works by increasing the blood concentration of several essential vitamins and minerals beyond what can be absorbed with oral supplementation.

The idea is that many illnesses and conditions are associated with digestive disturbances such as bloating, indigestion and food sensitivities and that people with such conditions may not absorb

## IMMUNE BOOST IV – ENHANCED MYERS COCKTAIL

The immune boost IV has all of the ingredients and effect of the Myers IV with the addition of some key ingredients to enhance the immune boosting power. Trace minerals: Zinc Sulfate, Magnesium Sulfate, Chromium Chloride, Selenium and a higher dose of Vitamin C are all included in the Immune Boost "cocktail". This "cocktail" is a superior choice when known exposure to a viral or bacterial illness has **occured**. Many chronic pain and chronic disease sufferers also benefit from the immune enhancing power of this infusion.

Glutathione may be given IV push at the end of the Myers and Immune Boost infusions to enhance the body's ability to remove toxins from the body and protect cells from free radical damage and aging.



many of the nutrients needed to obtain optimal health. Further, inflammation, the basis of all disease states -chronic and acute-, may cause the body to use nutrients at a faster rate or to require higher amounts for proper healing.

With IV infusion, the blood levels of the nutrients are temporarily increased so that the nutrients are “coaxed” into the cells and frequently into the power house of the cell, the mitochondria, where they are active. This boost often “jump-starts” the cells so that energy is produced more efficiently in them. Many patients feel an energy boost lasting days or weeks.

### WHO NEEDS IT?

Dr. Alan Gaby's clinical experience with over 15,000 infusions of Myers' Cocktail shows clinical effectiveness against acute asthma attacks, migraines, fatigue (including Chronic Fatigue Syndrome), Fibromyalgia, acute muscle spasms, colds, chronic sinusitis, seasonal allergies, chronic depression/anxiety and other disorders.

Patients with “leaky gut” are at increased risk of auto-immune thyroid disease, rheumatoid arthritis, ulcerative colitis and other chronic conditions. In these cases, the infusion helps get necessary nutrients into the cells. Patients who

get sick often, travel frequently or work in jobs where they are exposed to illnesses (like school teachers, daycare and hospital workers) may find an improved immune response with less susceptibility to illness and faster recovery times.

A randomized controlled study conducted at Yale evaluated the effect of the Myers' Cocktail on patients with fibromyalgia. They found that weekly infusions led to clinically significant improvement in tender points, pain, depression and quality of life directly following treatment with sustained improvement even after four weeks from the last infusion.

### WHAT ARE THE SIDE EFFECTS AND HOW OFTEN CAN I GET THE INFUSION?

Side effects are rare and almost always are limited to local irritation of the vein. The most common sensations are heat, flushing from the magnesium and the taste of vitamins soon after the infusion begins.

The cocktail may be given 1-2 times per week and beneficial effects are usually felt by the fourth visit. Many patients with chronic conditions choose to continue the infusions every 1-4 weeks or when they feel their energy slipping.

## DO YOU HAVE ANY QUESTIONS?

Please do not hesitate to call us:  
888-501-0233

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