

Compounded Preparation Monograph

COMPOUNDED ACTIVE INGREDIENT NAME: Progesterone

COMPOUNDED ACTIVE INGREDIENT INFORMATION: Progesterone is a steroid hormone that is produced from the ovaries¹. Progesterone has effects in many organs and systems in the body including the uterus, breast tissue, brain, menstrual cycle, sleep etc².

BEFORE USING THIS MEDICATION: LET YOUR DOCTOR KNOW if you have any medication allergies before you take this compounded preparation. Let your health care provider know if you have any liver or kidney problems. **This compounded preparation contains a red dye consult you healthcare provider if you suspect or have an allergy**

HOW TO USE THIS MEDICATION This compounded preparation is in the form of an oral capsule. Swallow the capsule whole with a glass of water. Do not chew or crush the capsule. Store in a cool dry place away from heat, sunlight, and moisture. Store in original container between 59-77F. If you miss a dose take as soon as you remember, but not at the time for the next dose. The desired results may take up to several weeks. Its important to take Progesterone as directed by your healthcare provider.

POSSIBLE SIDE EFFECTS: Progesterone has been known depending on dosing to cause breast tenderness, sleepiness, and fluid retention ¹.

1. Cable JK, Grider MH. Physiology, Progesterone. [Updated 2022 May 8]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK558960/>
2. Goletiani NV, Keith DR, Gorsky SJ. Progesterone: review of safety for clinical studies. Exp Clin Psychopharmacol. 2007 Oct;15(5):427-44. doi: 10.1037/1064-1297.15.5.427. PMID: 17924777.