



FarmaKeio Sleep

WHAT IS FARMAKEIO SLEEP FORMULATION?

This unique formula, compounded by our lab, has properties that can positively affect sleep cycles and moods.

In descending order of amount, FarmaKeio Sleep Formulation contains:

- **Phenibut (phenylbutyric acid)** – a cognitive enhancement drug that may reduce stress and anxiety.
- **Honokiol (magnolia seed extract)** – claimed to have a calming, relaxing effect along with therapeutic potential in anxiety, depression and stress. Helps to shut down mental chatter prior to sleep.
- **Valerian** – has been used to induce sleep and to help reduce feelings of anxiety.
- **5HTP** – naturally-occurring amino acid that is a precursor to serotonin and is crucial for healthy sleep cycles. Serotonin is also linked to stress reduction and weight control.
- **Melatonin** – natural hormone that controls the sleep cycle and is a potent antioxidant.

WHAT CAN FARMAKEIO SLEEP FORMULATION DO FOR ME?

This compound targets sleep and mood improvement. Some of the potential benefits include:

In descending order of amount, FarmaKeio Sleep Formulation contains:

- Improved ability to fall asleep (shut brain off)
- Improved ability to stay asleep
- Waking on time and refreshed
- Reduced headaches
- Increased ability to deal with stress
- Reduced feelings of anxiety
- Decreased depression
- Enhanced calm feeling
- Lower risk of tumors
- More inclined toward healthier weight





HOW DO I TAKE FARMAKEIO SLEEP FORMULATION?

Under the guidance of your clinician, the Sleep & Mood Enhancement capsule can be taken by mouth 15 to 30 minutes before bedtime.

DO YOU HAVE ANY QUESTIONS?

Please do not hesitate to call us:
888-501-0233

Rev. 10/01/17



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1736 N. Greenville Ave. | Richardson, TX 75081