



Arginine/Sildenafil

WHAT IS ARGININE/SILDENAFIL?

Arginine/Sildenafil are supplements that can cause increased blood flow by relaxing blood vessels. This occurs when L-arginine is broken down by the body and converted into nitric oxide, which increases blood flow by dilating your arteries. It also stimulates release of insulin and growth hormones.

It is a popular choice for people with heart conditions, high blood pressure, coronary artery disease, dementia, bladder inflammation and erectile dysfunction.

Others use it to try to boost the immune system to speed healing from a cold, infection or wound; to increase athletic performance; or to counteract high blood pressure during pregnancy.

Arginine/Sildenafil is an essential amino acid that is necessary for protein production. It is naturally occurring in red meats, dairy products, poultry, nuts, eggs and fish. Or, it can be produced in a laboratory in supplement form.

WHAT ARE THE SIDE EFFECTS?

Arginine/Sildenafil can cause low blood pressure, so care must be taken to prevent dropping too low. Do not combine with high blood pressure medication, blood thinners or diabetes medications unless you have discussed it with your clinician.

Arginine/Sildenafil combined with nitrates for increased blood flow to the heart, such as nitroglycerin or isosorbide, can cause dizziness.



WHERE CAN I GET ARGININE/SILDENAFIL?

Your practitioner will prescribe Arginine/Sildenafil for you.

WHAT IS THE RECOMMENDED DOSE?

Dosing for Arginine/Sildenafil varies greatly and depends on the condition that you are treating. Follow the advice of your practitioner.

DO YOU HAVE ANY QUESTIONS?

Please do not hesitate to call us:
888-501-0233

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